



Southbank
International School
A school without walls

10th June 2009

Dear Parents and Guardians,

Thankfully, the localised cases of the H1N1 “swine flu” virus in the UK have so far not been severe and our school has not been affected. However, we must not be complacent, and as the summer holidays draw near, we would like to remind you to take these simple health precautions while travelling:

- Regularly wash your hands using soap and water
- Cover your mouth when coughing or sneezing using tissues
- Throw away dirty tissues promptly and carefully

In most cases to date, the swine flu infection has been mild and although there are no travel restrictions in place related to this infection these are sensible precautions that all travellers can take to protect themselves.

If you are planning on visiting a country affected by swine flu, you should consult the overseas travel advice on the Foreign & Commonwealth Office website: www.fco.gov.uk

We ask you to remain vigilant when you return to the UK as there remains a very real possibility of a pandemic occurring in the Autumn when people return from overseas and schools re-open.

More information is available from these websites:

www.nhs.uk/Conditions/Pandemic-flu/

www.hpa.org.uk

www.dh.gov.uk/en/PandemicFlu/index.htm

www.parentscentre.gov.uk/worriedabout/flupandemic/

Wishing you all a safe and healthy holiday.

Yours sincerely,

Terry Hedger
Chair, Education Board